



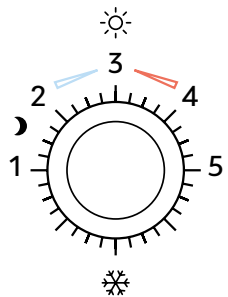






In winter, when outside temperatures are low, the air exchanges more quickly than in summer.

Months	Ventilation time
 June, July, August	25 to 30 min
 May, September	15 to 20 min
April, October	12 to 15 min
 March, November	8 to 10 min
 December, January, February	4 to 5 min

What do the numbers on the thermostatic valve mean?



24°	Position 4	Bathroom
22°		Dining room
20°	Position 3	Living room, Children's room
18°		Kitchen
16°	Position 2	Bedroom
14°		Night reduction
12°	Position 1	Staircase
6°		Frost protection

Info 040 380 32-180
tag-wohnen.de/heizen-und-lueften

Heating and ventilating correctly

Sustainable tips

Healthy living and energy saving

With conscious heating and regular ventilation, you can ensure a good and healthy indoor climate which benefits your health, your wallet and your quality of life!

Find out more.

TAG wohnen

Turning it really smart to a comfortable temperature

Turn up the heat or put on a thick jumper? Heating is often a very personal matter. However, you can create a pleasant indoor climate if you heat all rooms evenly at a low level.

Tips for heating

- 1) Keep radiators free from furniture such as sofas or chests of drawers. This allows for better heat circulation
- 2) Heat rooms that you rarely use at a low level to avoid creating dampness.
- 3) Keep the doors to less heated rooms closed. The heat stays in and the risk of mold in cooler rooms is reduced
- 4) Keep a check on the humidity with a hygrometer.
- 5) Turn off the radiators before airing to avoid heat escaping out of the window.

*Heating at a low level,
avoids the rooms cooling down.*

This way you can avoid the risk of mold.

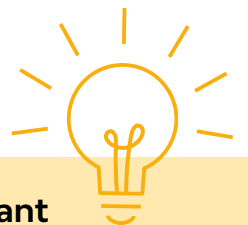
Closed doors keep the heat in the room and prevent moisture from condensing in cooler rooms and mold from forming. Also heat rarely used rooms at a low level so that mold does not form on cold walls. In cooler rooms keep some distance between large pieces of furniture and walls. Otherwise, mold can develop.

Fresh air in the mild summer, quick purge ventilation in the icy winter

Breathe deeply and do something good for the indoor climate. Open the windows several times a day and let fresh air into your home. Depending on the season, it makes sense to ventilate for different periods of time

Tips for airing

- 1) Open the windows completely for five minutes: By quick purge ventilating, you achieve a fast complete exchange of air.
- 2) Ventilate two to four times a day. It is best to air the whole flat!
- 3) Just tilting the windows is not sufficient! They increase energy consumption and the risk of mold.
- 4) In winter, ventilate at least until the vapor on the window is gone. Wipe away condensation with a cloth.
- 5) In summer, ventilate in the morning or evening when it is cooler.
- 6) Keep warm, humid air outside: Do not ventilate for more than five minutes on warm sultry summer days.
- 7) Dispose of dampness right away: most of the humidity in your home is caused when you shower, bathe, cook or sleep. Open the windows wide after such activities!



Frequent ventilation is particularly important in modern flats.

To reduce the energy consumption of residential buildings, modern windows are double glazed and joint-tight. Tight windows help to save energy but prevent the exchange of air and moisture, so windows must be opened more frequently.